

# Brunswick Court Sustainable Travel Leaflet

Brunswick Court is very well located to enable sustainable means of transport to the centre. It's a stones throw from the city centre, situated on many main bus routes and is well connected to the main train station. This leaflet is designed help you find ways to reduce your carbon footprint when travelling to the building!

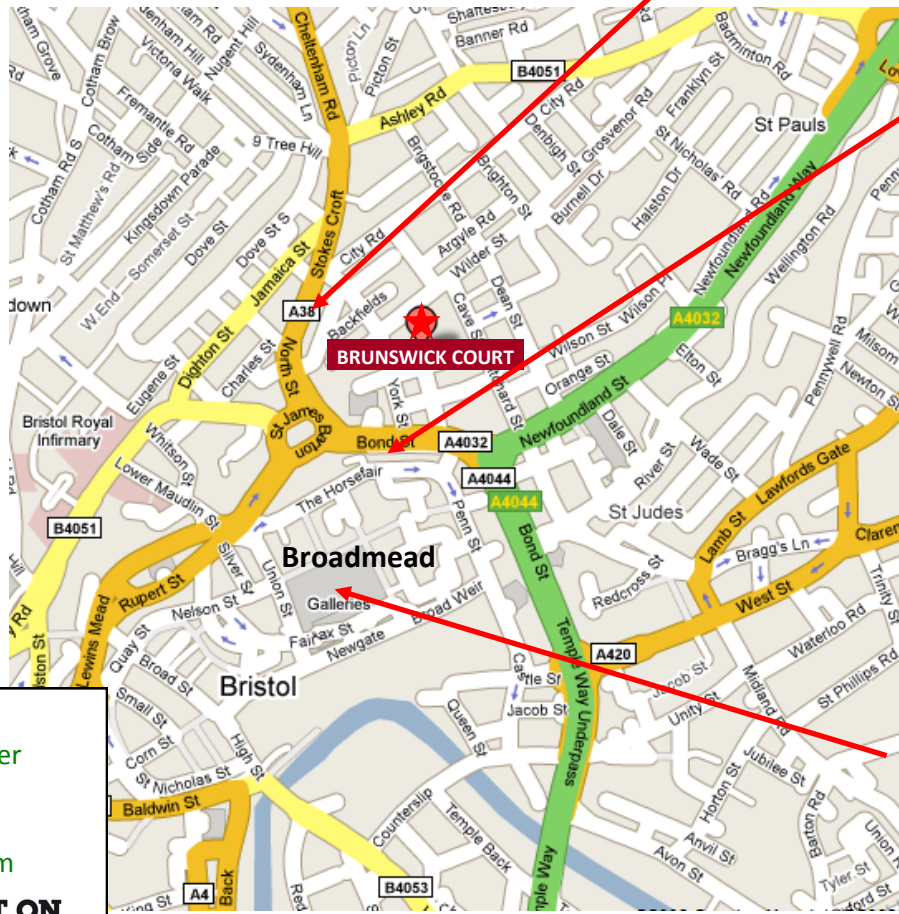
An interactive travel map for Bristol can also be found at [www.bristolstreets.co.uk](http://www.bristolstreets.co.uk)

## Cycles

Bristol benefits from an array of cycle paths, not least the Bristol to Bath cycle path which ends about 1 mile from Brunswick Court.

The centre also has a shower for cyclists to use, 20 secure cycle spaces within the car park and we are looking to increase this number soon.

More info on cycling can be found on Bristol City Council's website under transport



## Buses

Buses that travel along the **Cheltenham Rd/Stokes Croft** include:

- No. 70 (UWE—Filton Ave—City Centre)
- No. 71/72 (Bradley Stoke—Centre)
- No. 73 (Cribbs Causeway—Centre);
- No. 75 (Cribbs Causeway—Hartcliffe)
- No. 76 (Henbury—Hartcliffe)
- No. 309 /310(Thornbury & Dursley—Bristol)
- No. U1/U2 (Bower Ashton/Centre—Frenchay)



Most buses heading for the centre of Bristol stop along either Bond St or The Horsefair, which is a 5 minute walk from the centre (see details below).

## Rail

If you are travelling from outside Bristol, you can catch a connecting bus from Bristol Temple Meads station to the city centre (the No. **8 or 9**), from where it is a 5 minute walk to the building (see below). You need to get off at the bus stop near to Debenhams.



There is also a local train station, Montpelier, 15 minutes walk north of the building which connects to other local stations such as Lawrence Hill & Redland

## Walking

Bristol city centre is only 10 minute's walk from Brunswick Court. From Broadmead, one of the main shopping districts, you head under the St James Barton underpass and down Bond Street, turning into York St (from where you can see Brunswick Court straight ahead!).



## Carbon Emissions...

On average, carbon emissions per passenger from transport are:

- Car**—180g of CO<sub>2</sub> per kilometre
- Motorcycle**—124g of CO<sub>2</sub> per km
- Bus**—103g of CO<sub>2</sub> per km
- Train**—40 of CO<sub>2</sub> per km
- Walk/Cycle**—None!

